



## CAMP ENCORE/CODA

*for a great summer of music, sports and friends!*

Winter: 32 Grassmere Rd., Brookline, MA, 02467 Tel: 617-325-1541 Fax: 617-325-1541  
Summer: 50 Encore/Coda Lane, Sweden, ME, 04040 Tel: 207-647-3947 Fax: 207-647-3259  
Email: [jamie@encore-coda.com](mailto:jamie@encore-coda.com) [ellen@encore-coda.com](mailto:ellen@encore-coda.com)  
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Dear Camp Parent:

It is important for you to be aware of a Maine State law that could affect your child while attending a Maine camp, *if he or she self administers any emergency medication.*

The State of Maine has passed a law that affects all campers who need to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and to **self-administer emergency medication** while at camp. The law establishes procedures to allow such access to emergency medication by those campers who have been diagnosed to be at risk for a potential medical crisis such as asthmatic attacks or allergic reactions. These medications include, but are not limited to, an asthma inhaler or an epinephrine (epi) pen.

To comply with State Law 2496, all Maine camps are required to have a written policy authorizing campers to have readily available and to self-administer such emergency medications where the following conditions are met.

- A. Any camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and
- D. The emergency medication must be readily available to the camper.

If your child needs to, and you want to permit your child to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and to self-administer an inhaler, an epi-pen or other emergency medication, you and your camper's primary health care provider must complete and return the necessary forms to us. These forms were developed in cooperation with the Maine Youth Camping Association. When your camper arrives at camp our health staff are required to evaluate the camper's self administration technique to ensure proper and effective use.

These forms are not necessary for those campers who do not need to have readily available and to self-administer emergency medications. As always our health staff will provide regular supervision of prescription medications for campers.

All forms should be submitted to us by June 1<sup>st</sup>. As always, please call us with any questions or concerns you may have.

Best Wishes,

*JAMIE & ELLEN*



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## **POLICY FOR SELF ADMINISTRATION OF EMERGENCY MEDICATIONS BY CAMPERS**

Campers are permitted to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and to self-administer emergency medications only where the following conditions are met.

- A. Any camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp; and
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp.



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## PRIMARY HEALTH CARE PROVIDER FORM

### APPROVAL FOR SELF-ADMINISTERED EMERGENCY MEDICATION

As the primary health care provider for \_\_\_\_\_,

Camper Name

during his/her time at camp, the above listed camper is permitted to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and self-administer as medically necessary: (Circle all that apply or list other emergency self-medication device.)

- a. Asthma Inhaler
- b. Epinephrine Pen
- c. Other (please list) \_\_\_\_\_

I have read the State of Maine Law below, and confirm that the camper has the knowledge and the skills to have readily available and safely self-administer the indicated emergency medication in camp.

\_\_\_\_\_  
Primary Healthcare Provider signature

\_\_\_\_\_  
Date

#### Summary of Maine Law on Self Administration of Emergency Medications

**Recreational camps for children; emergency medication.** A recreational camp for boys or girls must have a written policy authorizing campers to self-administer emergency medication, including, but not limited to, an asthma inhaler or an epinephrine pen. The written policy must include the following requirements:

- A. A camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and
- D. The emergency medication must be readily available to the camper.

The full statute may be viewed at:

<http://janus.state.me.us/legis/statutes/22/title22sec2496.html>



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## PARENT PERMISSION FORM

### USE OF SELF-ADMINISTERED EMERGENCY MEDICATION

As the parent or guardian of \_\_\_\_\_,

Camper Name

during his/her time at camp, the above listed camper is permitted to have readily available (carry or possess outside of the regular supervision of the camp's health staff) self-administer as medically necessary: (Circle all that apply or list other emergency self-medication device.)

- a. Asthma Inhaler
- b. Epinephrine Pen
- c. Other (please list) \_\_\_\_\_

I have read the State of Maine Law as listed below, and confirm that my child has the knowledge and the skills to safely have readily available and self-administer the indicated emergency medication in camp.

\_\_\_\_\_  
Parent or Guardian signature

\_\_\_\_\_  
Date

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- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and
- D. The emergency medication must be readily available to the camper.

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